

BE KIND ADVENT CALENDAR

1. Help a grown up with a chore

2. Bake some cakes for family or friends

3. Do something nice for a sibling or family member

4. Give a friend a compliment

5. Make a card for someone you love

6. Do something kind for a neighbour

7. Set the table for dinner

8. Pick up some litter

9. Donate some food to a food bank

10. Say "hello" to someone new

11. Learn a joke and make someone laugh

12. Draw someone a picture

13. Tidy up without being asked

14. Smile at everyone you meet

15. Give some toys to charity

16. Do a chore for someone

17. Ask someone new if they would like to play

18. Help make dinner

19. Make your teacher a card

20. Put some food out for the birds

21. Thank someone you may have taken for granted

22. Make a bookmark for a friend

23. Bake cookies for a neighbour or friend

24. Call a family member on the phone