



# 5 A Day Reward Chart



1  
2  
3  
4  
5

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Total |
|--------|---------|-----------|----------|--------|----------|--------|-------|
|        |         |           |          |        |          |        |       |
|        |         |           |          |        |          |        |       |
|        |         |           |          |        |          |        |       |
|        |         |           |          |        |          |        |       |
|        |         |           |          |        |          |        |       |



When I fill in my chart my reward will be

